

IN PURSUIT OF TRUE AND LASTING HAPPINESS, THAT YOU DESERVE

11 HABITS OF HIGHLY HAPPY PEOPLE

If this workshop does not give you practical tools to use in your life and help you find your happiness, you get your money back, guaranteed



Available in SA



1 day



R 2500



I was once told not to put the key to my happiness in someone else's pocket, until I realised that the door to happiness is always open. Happiness is choice we make. Happiness is also a habit. A habit is something we do again and again until it becomes natural. All habits are learned. If you are unhappy, the question is where did you learn unhappiness from? If you had an opportunity to develop a habit of happiness, would you take it? This is your chance to finally claim the happiness you have searching for. The happiness you truly deserve. You were born to be happy. Shouldn't you be living life this way?

BENEFITS OF THE HAPPINESS WORKSHOP

- Applying the 11 Habits of Happiness
- Practicing an attitude of Gratitude
- Finding Joy in daily living
- Turning pain into joy
- Releasing Emotional Baggage
- Gain more energy & vitality
- Letting Go of people & things that no longer serve you
- Develop a Positive Mental Attitude

Join the next
Happiness Workshop



Place: Health Haven, Westville,
Saturday, Time: 8:30pm to 5:30pm

BOOK NOW

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Happiness is a Habit.

www.hiteshsurujbally.com  